

## FU 12

**WHAT:** Horse Riding

**AGE:** 8—12

**WHEN:** Fri 10th July

**TIME:** 1.30-4.30pm

**COST:** Free

**WHAT:** Gorge Walking

**AGE:** 8—12

**WHEN:** Tues 11th Aug

**TIME:** 10—5pm

**COST:** Free

**F.C.U.K.  
FRIDAY**

**WHAT:** Survival Skills

**AGE:** S1 Upwards

**WHEN:** Fri 14th August

**TIME:** 10.00 — 5.00pm

**COST:** Free

This activity is organised alongside Capro and will include a full day survival course challenge.



**WHAT:** M & D's

**AGE:** 8—12

**WHEN:** Sat 11th July

**TIME:** 11.00—3.00pm

**COST:** Free

**WHAT:** Blair Drummond Safari Park

**AGE:** 8—12

**WHEN:** Sat 18th July

**TIME:** 11.00—3.00pm

**COST:** Free

To find out more about the trip come along to the group.



**WHAT:** Rock Climbing

**AGE:** S1 upwards

**WHEN:** Mon 6th July

**TIME:** 1.30-4.30pm

**COST:** Free

**WHAT:** M & Ds

**AGE:** S1 upwards

**WHEN:** Mon 13th

July

**TIME:** 2.00—6.00pm

**COST:** Free

Come along to the group on a Monday night to find out more

## U 12

### TUESDAY GROUP

**WHAT:** Canoeing

**AGE:** 8-12

**WHEN:** Tues 7 July

**TIME:** 2-6pm

**COST:** Free

**WHAT:** Edin Zoo

**AGE:** 8-12

**WHEN:** Tues 14 July

**TIME:** 11-3pm

**COST:** Free

### THURSDAY GROUP

**WHAT:** Laser Quest

**AGE:** 8-12

**WHEN:** Thurs 9th  
July

**TIME:** 1.00 - 4.00pm

**COST:** Free

**WHAT:** MDs

**AGE:** 8-12

**WHEN:** Thur 16th July

**TIME:** 11.00—3.00pm

**COST:** Free

**girls  
group**

**WHAT:** Horse riding

**AGE:** S1 upwards

**WHEN:** Wed 8 July

**TIME:** 1.30-4.30pm

**COST:** Free

**WHAT:** M & Ds

**AGE:** S1 upwards

**WHEN:** Wed 15 July

**TIME:** 11.00—3.00pm

**COST:** Free

## SCHOOLS OUT

**WHAT:** Summer groups

**AGE:** P5/6

**WHEN:** Every Friday

10th July— 7th August

**TIME:** 9.30—1.00pm

**COST:** Free

This closed group is running in partnership with the 3 local primary school.

There will be trips, games, free food and fun things to do.

## SUMMER BASH

**AGE:** Anyone if under 8 come with a parent or guardian

**WHEN:** Friday 3rd July

**TIME:** 12.00 —4.00 pm

**WHERE:** Jack Kane Community Centre

**COST:** Free

Activities on offer will include an assault course, trampolines, putting, dance mats/actifit, Hibs Craigmillar Cup football tournament and much more. On top of all these goodies receive a goody bag.



## FAMILY DAY

**WHAT:** Craigtoun Country Park.

**AGE:** Anyone if under 8 come with a parent or guardian

**WHEN:** Sunday 26th July

**TIME:** 10—7pm (at the latest) **WHERE:**

**Jack Kane Community Centre**

**COST:** Free

The outing is free and open to everyone whose child/young person has a membership form. Call the centre to book a place.

## Don't Forget

**WHAT:** F.C.U.K.

**AGE:** S1 upwards

**WHEN:** FRIDAY

**TIME:** 7.00—9.00pm

**COST:** £0.00

**WHY:** Chill out with your mates or get active and fit in the Pulse Centre. Or how about trying something a little different like learning to DJ or to do graffiti art. All of this can be found here on a Friday night.

**WHAT:** Friday Under 12's

**AGE:** 8—12

**WHEN:** FRIDAY

**TIME:** 1.30—3.30pm

**COST:** £0.00

**WHY:** The in place to be for children under 12. There are lots of activities and new things to try out, trips and also a chance to make new friends. To join in the activities you must have filled in a membership form, to do this come on the day or phone Café K

F.C.U.K.  
FRIDAY

FU 12

### DON'T BE DISAPPOINTED

There is limited spaces for these activities so if you don't want to miss out you will need to **HURRY**

### TOTALLY FREE

There is no cost to join any of these activities, but you must have a completed membership form.

For further information either come along to one of the groups or phone the centre.

### Holiday Activities

If you want to find out what else is on in your local area you can do so by checking out a new website:

[fun.stufftodo.org.uk](http://fun.stufftodo.org.uk)  
or  
[cafe.k.org](http://cafe.k.org)

### Jack Kane Community Centre

208 Niddrie Mains Road  
Edinburgh  
EH16 4ND

Phone: 0131 657 1595  
Fax: 0131 657 3676  
Website: [www.cafe.k.org](http://www.cafe.k.org)



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Community Learning and Development

## CAFÉ K AND THE JACK KANE COMMUNITY CENTRE

in partnership with  
**SUMMER PROGRAMME 2009**

[WWW.CAFEK.ORG](http://WWW.CAFEK.ORG)

3rd July—18th  
August 2009

