

CAFÉ K/JKC EASTER PROGRAMME 2005

Background:

Last year Café K, in partnership with the Jack Kane Community Centre, and with support from Community Education, put together a range of leisure and recreational activities for young people to access during school holidays. The need for such activities, which were identified by young people from the Greater Craigmillar area, stated that many young people became bored during these times due to the lack of affordable activities and opportunities that are available to them and their peers. Thus new and exciting opportunities for young people to access free of charge provided diversionary activities for young people to participate in during these times.

Additionally in order to provide such activities funding was sought from Community Education GO 4 IT and the Community Safety Partnership.

Funding:

Through the success of last year's programmes Café K and applied for funding from Community Education to put together a programme for young people 13 plus to access during the holidays. As a result of this Café K was awarded £1350.00 from Community Education.

Programme:

As funding had now become available it was felt that for as many young people as possible to benefit it would be more beneficial to advertise and promote the activities on offer to all young people who used the Jack Kane Centre.

Taking into account young people's feedback and ideas from the evaluation of last years programme, workers alongside young people began planning and organising a range of activities. Additionally a booklet was put together (see attached) to highlight and encourage young people to sign up for activities. This booklet was then promoted during Café K session i.e. F.C.U.K. Drop-In, girls group etc, through the Oot N About Service and within all youth provision which took place throughout the Jack Kane Centre. From this **72** young people signed up for activities. Young people were then allocated as fairly as possible which activities they would be attending and a reserve list was drawn up for activities that were full. This ensured that all young people were able to participate in at least 1 of the additional 7 activities on offer.

Participants:

The following is a breakdown of the young people who participated in the Café K/JKC Easter Programme 2005:

Gender:

MALES	FEMALES
46	26

Age Range:

13years	14years	15years	16years
15	34	9	14

Geographical Area:

Niddrie Mill	Greendykes	Niddrie Mar.	Niddrie House	Niddrie Mains	Hays	Cleekim	Other
12	9	15	11	3	13	4	5

Evaluation:

Throughout all activities on offer young people were asked to complete an evaluation. The following details some young people's thoughts and feelings regarding a selection of the programme and highlights any changes that they would like to see implemented. Additionally the evaluation also shows what the young people would be doing if they were not participating in the programme. This question is of vital importance as it reinforces the need for such provision during school holidays.

Go Karting:

- What young people liked most about the activity:
 - 'Everything – just getting to go'
 - 'Good fun go-karting and being with other people'
 - 'Was a good experience trying it out – the first time I have done it'
 - 'Good feeling all the power in my hands!'
 - 'Good laugh'
 - 'Driving'
 - 'Everything'

- What young people liked least about the activity:
'Not enough time'
'Waiting around'
'Getting hurt'
'Not getting outside'
'Nothing'
- What young people would like to change about the activity:
'Go on the outside track'
'Nothing'
'Longer shot'
'More time'
- What would young people be doing if they were not participating in this activity:
'Bored out my head'
'Playing Football'
'Sittin in my house'
'Sittin in my pals watching telly'
'Lying in bed'
'Hanging around on the street'

Alien Rock:

- What young people liked about the activity:
'Good exercise – felt proud of myself as I got to the top'
'Good experience for me – worked as part of a team'
'Havin a laugh'
'The food'
'Climbing – everything'
- What young people liked least about the activity:
'Sore fingers and arms'
'Nothing'
'Can't jump off the big wall'
- What young people felt could be changed to make the activity better:
'Nothing'
- What would young people be doing if they were not participating in this activity:
'Sitting watchin telly gettin fat'
'Sittin in my room'
'Playing on my computer'

Although the above only offers a selection of the evaluation carried out it highlights that most young people, if they were not involved in these types of programmes, would be suffering from boredom during these times. Additionally young people's health is high on a variety of agendas these activities and programmes offer young people an opportunity to take part in fun, physical activities that they would otherwise not have the chance to access.

Conclusion/Recommendations:

Overall the monies available from Community Education to put these types of programmes on offer are of enormous benefit to young people. Without such funding these activities would not be available. It is strongly recommended by both workers and young people that these types of programmes are continue to be funded in order to provide a variety of dynamic and innovative activities for young people to access in the Greater Craigmillar area.