



**CAFÉ K AND THE JACK KANE
COMMUNITY CENTRE**

**SUMMER PROGRAMME REPORT
2006**

**SUPPORTED BY CEC GO 4 IT PROGRAMME AND EDINBURGH
LEISURE**

REPORT CONTENTS

- **BACKGROUND**
- **FUNDING**
- **PROGRAMME OF ACTIVITIES**
- **PARTICIPANTS**
- **EVALUATION**
- **CONCLUSION/RECOMMENDATIONS**

Background:

Last year Café K, in partnership with the Jack Kane Community Centre, and with support from Community Education, put together a range of leisure and recreational activities for young people to access during school holidays. The need for such activities, which were identified by young people from the Greater Craigmillar area, through a range of mechanisms i.e. previous evaluations of summer programmes and through detached youth work, stated that many young people became bored during school holidays due to the lack of affordable activities and opportunities available to them and their peers. Thus it was deemed that new and exciting opportunities for young people to access free of charge, provided diversionary activities for young people to participate in during these times.



Funding:

Through the success of last year's programmes Café K and the Jack Kane Community Centre applied for funding from Community Education through the GO 4 IT Programme to put together a range of diversionary activities for young people to access during the holidays. As a result of this, Café K and the Jack Kane Community Centre were awarded £1300.00 from Community Education. However, through the high level of young people that Café K and the Jack Kane Community Centre have contact with on a weekly basis, the funds allocated by the GO 4 IT Programme were solely not enough to provide a comprehensive programme that would ensure that at least half of those young people would benefit. Therefore, from partnership work already in place with Edinburgh Leisure through the development of the Open All Hours programme at the Jack Kane Centre Site, meant that some additional monies could be obtained from the budget in place to provide more activities. Therefore, the total amount of monies available for the summer programme was £2300.00

Programme:

With funding now in place it was felt that for as many young people as possible to benefit it would be more beneficial to advertise and promote the activities on offer to all young people who used the Jack Kane Centre.

Taking into account young people's feedback and ideas from the evaluation of previous programmes, workers alongside young people began planning and organising a range of activities. Additionally a booklet was put together to highlight and encourage young people to sign up for activities. This booklet was then promoted during Café K session i.e. F.C.U.K. Drop-In, girls group etc, through the Oot N About Service and within all youth provision which took place throughout the Jack Kane Centre. From this, **81** young people signed up for additional activities and drop-in services on offer. Young people were then allocated as fairly as possible which activities they would be attending and a reserve list was drawn up for activities that were full. This ensured that all young people were able to participate in at least 1 of the additional 7 activities and 5 drop in services on offer.



Participants:

The following is a breakdown of the young people who participated in the Café K/Jack Kane Centre Summer Programme 2006:

Gender:

MALES	FEMALES
67	14

Age Range:

13years	14years	15years	16years	17years
9	8	41	15	8

Geographical Area:

Niddrie Mill	Niddrie Mar.	Niddrie House	Hays/Niddrie Mains	Craigmillar	Magdalene	Other
3	24	17	28	1	1	7



Evaluation:

Throughout all activities on offer young people were asked to complete an evaluation. The following details some young people's thoughts and feelings regarding a selection of the programme and highlights any changes that they would like to see implemented. Additionally the evaluation also shows what the young people would be doing if they were not participating in the programme. This question is of vital importance as it reinforces the need for such provision during school holidays.

SKIING:

- What young people liked most about the activity:
'I liked going up on the lift'
'I liked the scan!'
'I liked the electric seats'
'It was fun being with the group and the atmosphere'

- What young people liked least about the activity:
'It wasn't slidy enough'
'I didn't like the falling'
'Falling isn't good'

- What young people would like to change about the activity:
'Nothing'
'Longer shot'
'More time'

- What would young people be doing if they were not participating in this activity:
'Probably on a motorbike'
'Mucking about'
'In the streets sunbathing'

PaintBall:

- What young people liked about the activity:
'Everything'
'Team work'
'Getting shot'
'Having a laugh with my mates'

- What young people liked least about the activity:
'Getting shot in the a#e'*
'Noting'
- What young people felt could be changed to make the activity better:
'Go just with girls as the boys are too rough'
- What would young people be doing if they were not participating in this activity:
'Sitting on the computer on msn'
'Sleeping'
'Sitting about the hoose bored'

Although the above only offers a selection of the evaluation carried out it highlights that most young people, if they were not involved in these types of programmes, would be suffering from boredom during these times. Additionally young people's health is high on a variety of agendas these activities and programmes offer young people an opportunity to take part in fun, physical activities that they would otherwise not have the chance to access.

Staff Evaluation:

Cafe K and the Jack Kane Centre staff team were also encouraged to evaluate their experience of the summer programme. However all 'outside' activities i.e. trips were staff solely by the 'core' staff member's from Café K and the Jack Kane Centre as funding obtained for the summer programme did not allow enough for staffing costs and activities. However, a range of staff were available in relation to the delivery of the drop-in services.

In relation to the staff evaluation, staff members evaluation was carried out using 4 key headings. These being: **communications, support, summer programme** and finally **future developments**.

A copy of the staff evaluation sheet is attached:

Through the staff evaluations, all staff members felt that they received clear guidelines and support throughout the summer programme. In addition, all staff involved felt that the programme was a success though it was noted that at times the programme was frustrating as many young people did not turn up for activities, thus time was spent 'chasing' up young people and phoning around reserves. In addition on two occasions activities also had to be cancelled due to a poor turnout of young people.

Conclusion/Recommendations:

Overall the monies available from CEC Go 4 IT programme to put these types of programmes on offer are of enormous benefit to young people. However, without the additional funding obtained through Café K and the Jack Kane Centre's existing Open All Hours budget, it is unlikely that the programme would have been able to offer a wide range of activities to a diverse range of young people.

However, lack of funding also meant that Café K and the Jack Kane Community Centre were also not able to employ sessional workers to be actively involved in the delivery of the programme. Therefore activities based around the times of the core staff team and not necessarily reflected the needs of the young people. This may be one of the attributes towards having to cancel two of the activities as well as 'chasing' up young people due to poor turnouts.

In addition, being unable to employ sessional workers also meant that the lead organizational responsibility of the programme fell to one member of the core team. Once again, this meant that due to other work responsibilities of this staff member that less time was able to be committed towards the development of the programme.

In conclusion, Café K and the Jack Kane Community Centre strongly feel that funding should continue in order to provide diversionary activity programmes during ALL school holidays. However, such funding should also reflect the staffing requirements of the delivery organizations in order to ensure that these programmes are developed to a high standard to meet as many young people's needs as possible within the Greater Craigmillar area.